

公告

受華北沙塵天氣影響，本港的空氣污染指數已達嚴重水平（即空氣污染指數：201-500）。環境保護署呼籲市民應減少體力消耗及戶外活動。患有心臟病或呼吸系統毛病(例如冠狀動脈心臟病、哮喘、慢性支氣管炎及慢性呼吸道阻塞毛病)的人士應特別留意身體情況。由於每人的健康狀況不同，如有疑問或感到不適，應盡快徵詢醫生意見。

康樂及文化事務署

二零一零年三月二十二日

Notice

22 March 2010

Under the influence of the sandstorm from northern China, Hong Kong's Air Pollution Index (API) has reached Severe Level (API: 201-500). The Environmental Protection Department advises the general public to reduce physical exertion and outdoor activities. Persons with heart or respiratory illnesses (such as coronary heart and cardiovascular diseases, asthma, chronic bronchitis and chronic obstructive airways diseases) are advised to pay special attention to their physical condition. As the health condition of individuals varies, you should seek advice from a medical doctor if you are in doubt or feel uncomfortable.

Leisure and Cultural Services Department